

## Avocado Crema

### Ingredients

½ avocado (small)	1 Tbsp olive oil
½ juicy lime	¼ tsp garlic powder
¼ c Greek yogurt	¼ tsp salt
1 tsp chipotle Cholula	1 Tbsp water

### Directions

Combine all the ingredients in a small food processor and process until completely smooth and blended. Place in a squeeze bottle for easy topping over fish, shrimp or beef tacos.

*cooking with care*

Cooking with Care by Amy Sokol - [www.cookingwithcare.com](http://www.cookingwithcare.com)