

2-ingredient Banana Pancakes

Ingredients

1 large ripe banana

2 large eggs

optional: dash of cinnamon, vanilla and salt

coconut oil or butter for cooking

Directions

Mash the banana on a plate with a fork; set aside. In a bowl, whisk eggs (along with optional flavors) then mix in the banana until incorporated.

Heat oil in a nonstick frypan or griddle over medium heat. Drop batter with a 2-T scoop or spoon and cook until golden on both sides, 3-4 minutes on the first side and 1-2 on the second side. Serve warm with syrup or honey. Makes 8-9 small pancakes.

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Cooking with Care by Amy Sokol - www.cookingwithcare.com